

Virtual **Psychology**

How to Use



Monday - Friday 8am-5pm | Fast, Convenient & Affordable.

Connect with our providers when feeling overwhelmed, experiencing anxiety or depression? Now you can choose the mental health solution that's just right for you!

Simple as 1, 2, 3, 4

- Login by visiting www.nuwayhealthcare.com to log into your member portal. 24/7/365
- Request a consultation with a psychologist and describe the feelings you are experiencing.
- **Psychologist** will contact you for the appointment and access your symptoms, evaluate your medical and family history, and help determine a course of action moving forward.
- **4 On-going therapy** sessions encouraged and can be requested by logging into your account online

When to use

Our goal is to provide you with convenient, affordable healthcare, when you need it most. Members select a Primary Care Physician to manage their routine and ongoing health conditions, medication management, and preventative care. Monday – Friday 8 am to 5 pm

- · If you have a mental health question and you just need professional guidance
- When you need help dealing with stress or life changing events
- · Relationship issues and or addiction concerns
- Dealing with Grief and Loss

Common Conditions

- Substance abuseDepression
- · Stress and anxiety
- · Relationship issues
- Death of a loved one Parent
 - Parenting issues



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Services Provided:

- Establishment of a Virtual Primary Care Physician
- Management of health conditions over time
- Medication management, including on-going refills
- · Lab tests and routine screening
- Health Assessment screening & evaluation
- Review and interpretation of lab test results and screenings
- In-network recommendations/referrals for specialty care services

Licensed healthcare providers provide clinical services through medical practices affiliated with NuWay Healthcare and other network providers. Additional or different telehealth requirements may be applicable in certain states; see www.nuwayhealthcare.com for full terms and conditions.