



# Virtual Psychiatry

## How to Use



**Monday – Friday 8am-5pm | Fast, Convenient & Affordable.**

Connect with our providers when feeling overwhelmed, experiencing anxiety or depression? Now you can choose the mental health solution that’s just right for you!

## Simple as 1, 2, 3, 4

- 1 Login** by visiting [www.nuwayhealthcare.com](http://www.nuwayhealthcare.com) to log into your member portal. 24/7/365
- 2 Request a consultation** with a psychiatrist, update your electronic health records, and complete an intake questionnaire.
- 3 Psychiatrist** will contact you for the appointment and access your symptoms, evaluate your medical and family history, and help determine a course of action moving forward.
- 4 Prescription will be sent** electronically to your local pharmacy.

## When to use

Our goal is to provide you with convenient, affordable healthcare, when you need it most. Members select a Primary Care Physician to manage their routine and ongoing health conditions, medication management, and preventative care. Monday – Friday 8 am to 5 pm

- **If you have a mental health question and you just need professional guidance**
- **When you need help dealing with stress or life changing events**
- **Relationship issues and or addiction concerns**
- **Dealing with Grief and Loss**

## Common Conditions

- Anxiety
- Depression
- Trauma & PTSD
- Panic disorder
- Bipolar disorder
- Addictive behavior



Scan to learn more  
[nuwayhealthcare.com](http://nuwayhealthcare.com)

Licensed healthcare providers provide clinical services through medical practices affiliated with NuWay Healthcare and other network providers. Additional or different telehealth requirements may be applicable in certain states; see [www.nuwayhealthcare.com](http://www.nuwayhealthcare.com) for full terms and conditions.



## Services Provided:

- Establishment of a Virtual Primary Care Physician
- Management of health conditions over time
- Medication management, including on-going refills
- Lab tests and routine screening
- Health Assessment screening & evaluation
- Review and interpretation of lab test results and screenings
- In-network recommendations/referrals for specialty care services